EXTRAORDINARY CHEESE DIP™





TOTAL TIME: 20 min



MAKES: 3 cups



COST PER SERVING: \$0.40

EPIC HACK

For the same irresistible taste but a lighter version, use light cream cheese and low-fat grated mixed cheese; replace the mayonnaise with 2% Greek yogurt.

RECIPE TIP

Slash cook time by using the microwave! Cover and microwave on medium-high, at 2 min intervals, stirring in between, until hot and bubbly.

- 1 tub (227 g) cream cheese spread
- 1 cup grated mixed cheese
- 1 cup light mayonnaise

- 1 tbsp CCB Dip Mix
- 1 tbsp Lemon Dilly Dip Mix
- 1 tbsp 3 Onion Dip Mix

- 1. Preheat oven to 350° F.
- 2. Combine all ingredients until well blended and spoon into a heat-proof serving dish.
- 3. Bake, uncovered, for 15 min, or until heated through and bubbling.
- 4. Serve with veggies and crackers.

Per serving (2 tbsp): Calories 90, Fat 8 g (Saturated 35 g, Trans 0 g), Cholesterol 20 mg, Sodium 135 mg, Carbohydrate 1 g (Fibre 0 g, Sugars 0 g), Protein 2 g.